TOOLED UP®
BECAUSE EVIDENCE MATTERS

Newsletter, 11.11.2026

Children are natural philosophers, often posing questions that challenge our assumptions and make us think differently. While philosophy might seem like it belongs in the classroom, it can also inspire fascinating conversations at home.

World Philosophy Day on 19 November is a great opportunity to celebrate curiosity and the value of asking questions. **Philosophy isn't just about abstract ideas.** It can **help children of all ages develop critical thinking skills**, consider **different perspectives** and **become comfortable with uncertainty and disagreement**.

Tooled Up has teamed up with Thoughtful, the charity for philosophical enquiry, to offer practical resources that help families explore thought-provoking ideas together.

From friends and family to social media influencers, our activity **Talking to Children and Young People About Influence: A Philosopher's View** encourages children to reflect on **what shapes their opinions, choices and beliefs**. It also prompts them to think about what makes things influential.

We all find happiness in different ways. Our resource **Talking to Children and Young People About Happiness** offers engaging activities to help explore **what makes us happy**, from relationships to experiences to possessions. It also encourages thought on what happiness actually means.

Coping with life's challenges isn't always straightforward. Using stories and everyday experiences, **Talking with Children about Coping** prompts families to **consider what it means to manage difficult situations**, including whether asking for help can be a valuable strategy.







Remember to follow us on social media to stay up-to-date with all of our latest updates and resources. Find us on Facebook, Instagram and LinkedIn.